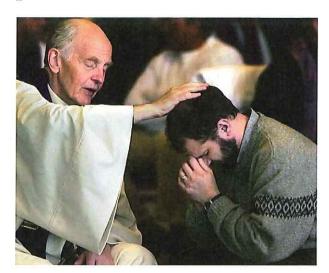
Eighth Grade Prayer Page

Please take some time and help your child memorize the following prayer. Once they have adequately memorized the prayer you may sign the page below and send it back with your child. They will then be asked by their Catechist to recite the prayer. Once the Catechist has verified they have memorized the prayer, they will sign the page and turn it in to Jessy. If your child completes all of their prayer pages by the end of the year, they will receive a special prize from Jessy.

Precepts of the Church

- 1. You shall attend Mass on Sundays and Holy Days of Obligation.
- 2. You shall confess your sins at least once a year.
- 3. You shall receive the Sacrament of Eucharist at least during the Easter season.
- 4. You shall observe the prescribed days of fasting (refraining from food and drink to some degree) and abstinence (refraining from eating meat).
- 5. You shall help to provide for the needs of the Church.



(Parent/Guardian Signature)	(Date)
	
(Catechist Signature)	(Date)

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Prayer to the Holy Spirit

Come, Holy Spirit, fill the hearts of your faithful. And kindle in them the fire of your love. Send forth your Spirit and they shall be created. And you shall renew the face of the earth. O God, by the light of the Holy Spirit you have taught the hearts of your faithful. In the same Holy Spirit, help us to know what is truly right and always to rejoice in your consolation. We ask this through Christ, our Lord.

Amen.



(Parent/Guardian Signature)	(Date)
(Catechist Signature)	(Date)

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Gifts of the Holy Spirit

- 1. <u>Wisdom</u> is the gift of knowing the right choices to make to live a holy life. The gift of wisdom helps you to avoid the things that could lead you away from God.
- 2. <u>Understanding</u> is the gift of comprehension, or the ability to grasp the meaning of the teachings of the Church. The gift of understanding helps you be tolerant and sympathetic of others. It helps you sense when someone is hurting or in need of compassion.
- 3. **Knowledge** is the gift of knowing and enlightenment. The gift of knowledge enables you to choose the right path that will lead you to God. It encourages you to avoid obstacles that will keep you from him.
- 4. <u>Courage</u> is the gift that helps you stand up for your faith in Christ. The gift of courage helps you overcome any obstacles that would keep you from practicing your faith.
- 5. <u>Right Judgment</u> is the gift of prudence. The gift of right judgment helps you make choices to live as a faithful follower of Jesus.
- 6. **Reverence** is the gift of confidence in God. This gift of reverence inspires you to joyfully want to serve God and others.
- 7. Wonder and Awe is the gift of wonder and respect that encourages you to be in awe of God. The gift of wonder and awe moves you to so love God that you do not want to offend him by your words or actions.

(Parent/Guardian Signature)	(Date)
(Catechist Signature)	(Date)